

## Visitor information

- Nearest public toilets in Sidmouth Town centre
- Refreshments and shops in Sidmouth and Otterton
- Sid Vale Association walking packs show 8 more walks in Sidmouth area
- Ordnance Survey 'Explorer 115' details all access information



Mutter's Moor (watercolour Peter Lightfoot)

## Countryside Code



- Be safe - plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people

For further details visit:  
[www.countrysideaccess.gov.uk](http://www.countrysideaccess.gov.uk)

## Walk this way...

This leaflet is one of a series of promoted walks in the East Devon AONB designed with accessibility in mind. More information on this and other walks is available from [www.eastdevonaonb.org.uk](http://www.eastdevonaonb.org.uk)  
Contact (01395) 224749 to try out Leisure East Devon's accompanied Healthy Walking programme or visit [www.ledleisure.co.uk/health\\_and\\_exercise](http://www.ledleisure.co.uk/health_and_exercise).  
See [www.devon.gov.uk/transport/public\\_rights\\_of\\_way](http://www.devon.gov.uk/transport/public_rights_of_way) for gradient information on all Rights of Way.



Woodland flowers (Ian Dalgleish, Countryside Agency)

# Mutter's Moor & Peak Hill Sidmouth

Distance  
**1 1/2 - 3**  
Miles

**Accessibility at heart - by providing you with the appropriate information on barriers or other route characteristics, this leaflet allows you to decide on a walk that best meets your needs.**

Walk in the footsteps of Mutter, a local smuggler of the 1840s. The tracks and paths around the heathland provide good level access, best enjoyed in summer for the vibrant colours and birdsong. Join the South West Coast Path at Peak Hill for stunning coastal views.



Looking west to High Peak (James Pyne)



Mutter's Moor (Ian Dalgleish, Countryside Agency)  
Left: Dartford warbler (Peter Lightfoot)

## How to get there



For public transport information use



From the Sidmouth bus terminus, take the steep walk up Peak Hill past the Connaught Gardens. Limited parking is at the top of Peak Hill Road. For Community Transport scheme information call 01392 382123.

Take your first steps to a healthier way of life...

Walk <sup>this</sup> way



# Mutter's Moor & Peak Hill, Sidmouth

Distance  
**1 1/2 - 3**  
Miles

## Talking points

### 1 Seven Stones.

This is the site of a former Bronze Age stone circle. It forms part of the story of early prehistoric settlements in this area, which includes the finding of ancient tools, ritual tumuli and Iron Age hill-forts. The East Devon landscape would have then been predominantly wooded, with some heathland hilltops.

### 2 Clinton Devon Estates

own and manage this area. Heathland requires management, such as the removal of scrub and trees, to maintain its importance as a habitat for the abundant wildlife. In the summer adders can be found basking in sunlight whilst nightjars 'chirr' loudly in the evenings as they come out to hunt the moths.

### 3

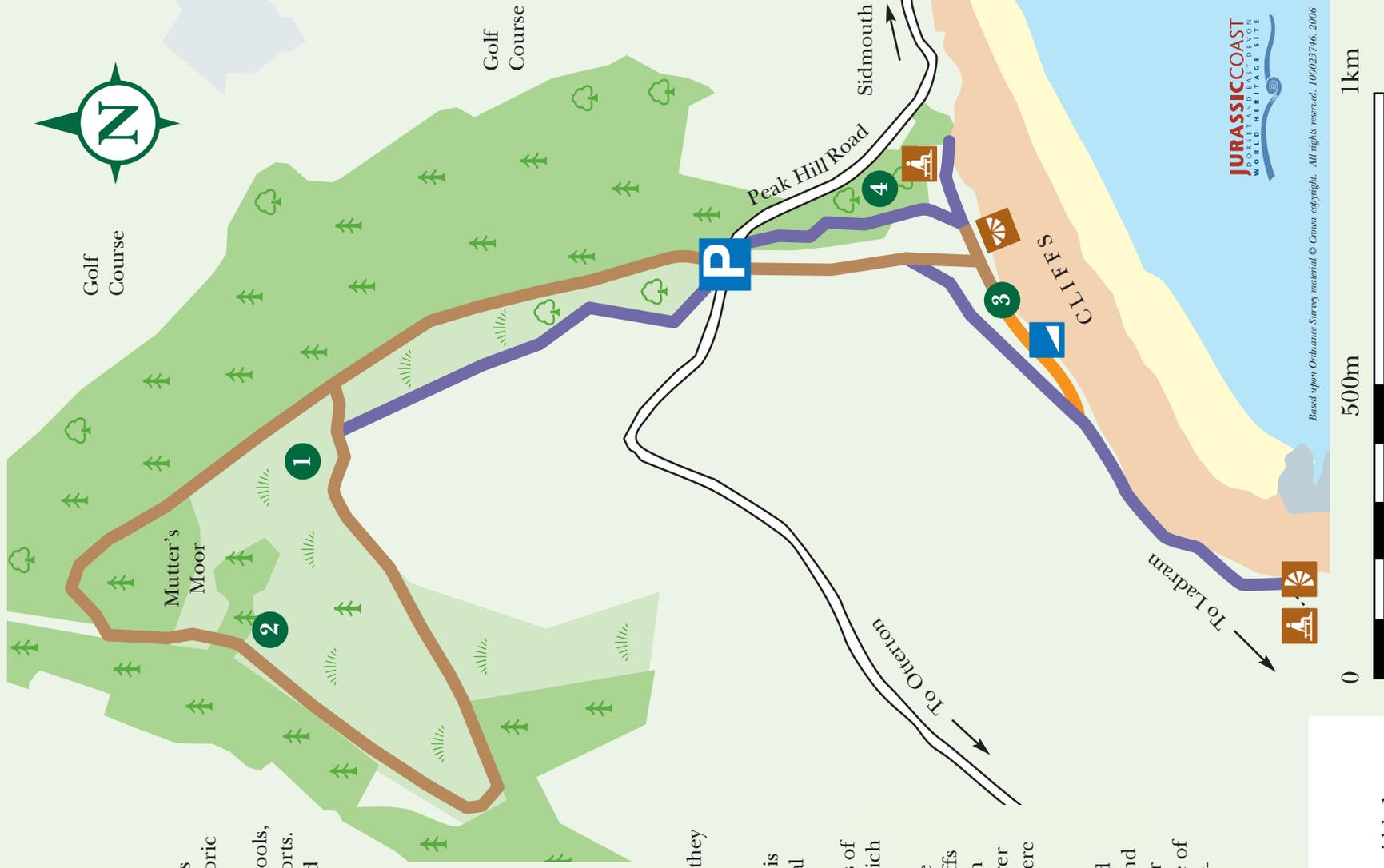
The **South West Coast Path** is part of the 630 mile national trail, from Poole to Minehead. Check out the magnificent views of the striking red Triassic cliffs which make this part of England's first natural World Heritage Site - the Jurassic Coast. These Triassic cliffs were laid down some 225 million years ago, when Britain was nearer to the equator and conditions were more desert-like.

### 4

The **National Trust** own and manage this coastal woodland of Peak Hill. They also look after Salcombe Hill, on the other side of Sidmouth where there is an easy-access path.

## Route characteristics

-  Natural surface, minimum width 1 metre, varying gradients, gates on route.
-  Natural surface, kissing gates, no steps, no stiles.
-  More difficult terrain in none of the above categories



## Key to symbols

-  Viewpoint
-  Seating
-  Parking
-  Slope steeper than 1 in 5